## HOME LEARNING DAILY SCHEDULE

| Before 9:00am | Wake Up | Eat breakfast, make your bed, get dressed, take dirty clothes to the laundry |
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| 9:00-10:00am | Morning Walk | Family walk with the dog, bush walk |
| 10:00-11:00 | Academic Time | Check your teacher's schedule of what needs to be covered |
| 11:00-12:00pm | Creative Time | Lego, read, cook, craft, paint, listen to music, play an instrument, draw/design something |
| 12:00 LUNCH |  |  |
| 12:30pm - 1:00pm | Chore Time | Wipe kitchen benches, door handles, tidy your room |
| 1:00-2:00pm | Quiet Time | Maybe you could ring or FaceTime a grandparent? |
| 2:00-4:00pm | Academic Time | Check your teacher's schedule of what needs to be covered |
| 4:00-5:00pm | Afternoon Fresh Air | Bike, walk the dog, play outside, phone/face time grandparents J |
| 5:00-6:00pm DINNER |  |  |
| 6:00-8:00pm | Free TV | Check with your parents that it is age appropriate |
| 8:00pm | Bed Time | All children |
| 9:00pm | Bed Time | Children who follow schedule and don' $\dagger$ argue/fight |

- While not mandatory this gives parents an idea of how to manage the day so that it is constructive. Of course, time slots will vary between households however it is a good indicator as to how the day can be managed.

